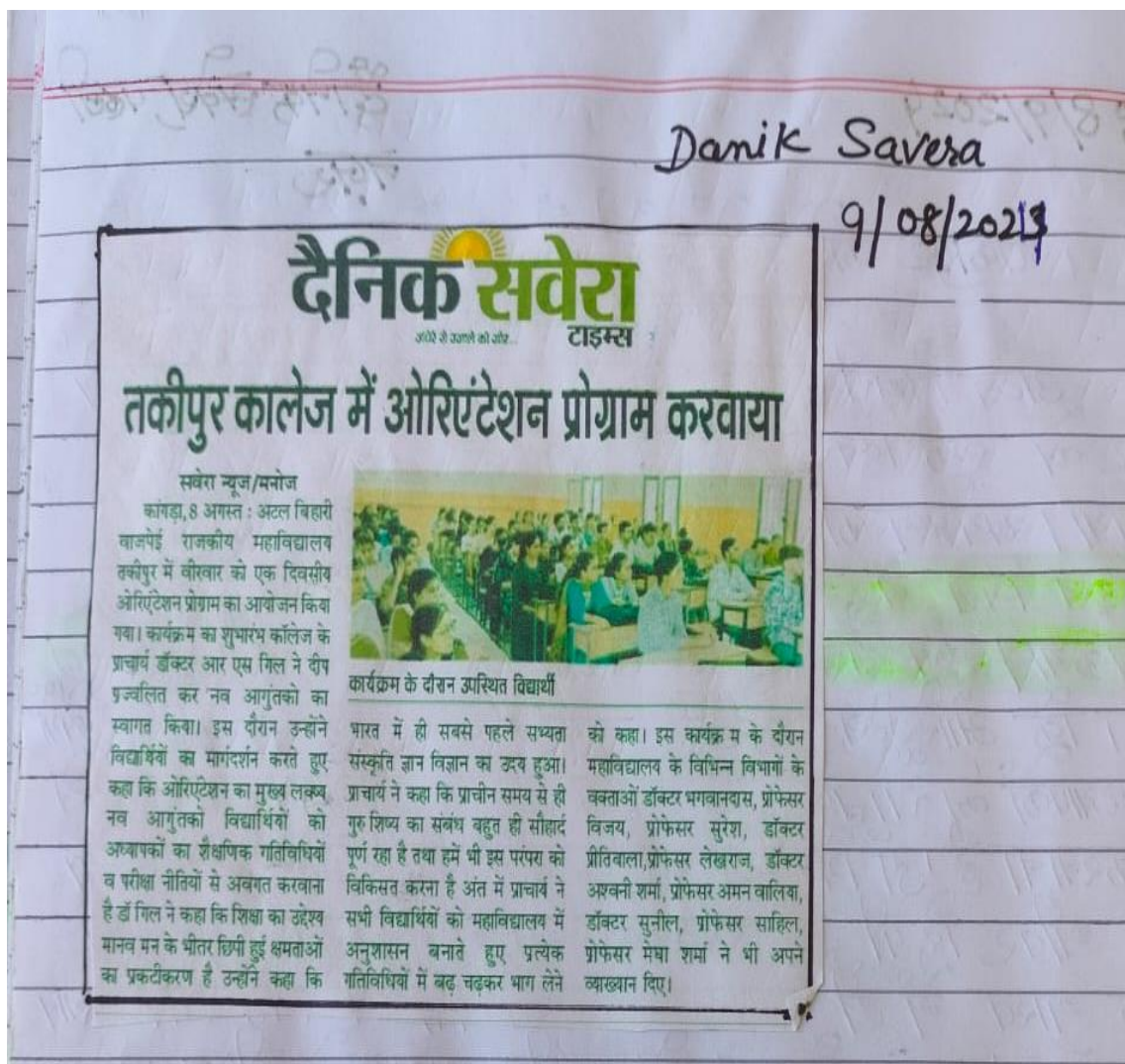


2.8 Mentor-Mentee groups

A mentor is an experienced person who provides guidance to a less experienced person, known as a mentee. The mentor's role is to help the mentee grow professionally and personally, and to share their experience and knowledge. The mentee's role is to learn and take advantage of the guidance and support provided by the mentor. In our college a tutorial board is constituted and the members of the tutorial board are working as mentors. At the same time students on college roll have been divided into different mentees groups. The mentor concern provides guidance and counseling to the mentees on a regular basis and the college has conducted a minimum of four sessions of mentor-mentee groups. A minimum of 4 Mentor-Mentee sessions has been conducted by their respective mentors for each student.

Sr. No.	Session and Date	Name of Activity	Category of activity	Name of resource person	Number of participants	Register and Page no	Newspaper /Media Coverage	
1	8/9/2024	Students oriented about all the post admission requirements	Induction Programme/Introduction to Mentor-Mentee setup and sessions	GDC Takipur	Dr RS Gill and other faculty members	78	A/R Library-II - 135	Dainik Savera/Pehli Nazar



- Mentor-Mentee Session Cards have been made for every student and record of minimum of four sessions for each student is maintained by the mentor.

INDIVIDUAL STUDENT MENTORING CARD

Academic Year: 2024-25

1. Student Profile

Field	Details
Student Name	SHIVA ATWAL
Class	BSc Life Sciences
Roll No.	2311003
Department	ZOOLOGY
Contact No.	6230369118
Mentor Name	PROF. MEDHA SHARMA

2. Mentoring Session Record

Session No.: ☒ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Date: 2/9/2024

3. Issues Discussed (Tick ✓)

Academic Performance

☐ Internal assessment performance discussed
☐ Improvement strategies suggested
☒ Difficulty in specific subjects
☐ Need for extra academic support

Attendance / Regularity

☐ Regular attendance
☒ Irregular attendance
☒ Reason for absence discussed

Study Skills

- ☒ Time management guidance
- ☒ Study techniques discussed
- ☐ Exam preparation strategies

Career Guidance

- ☐ Higher education options discussed
- ☐ Competitive exam preparation advised
- ☒ Career counselling provided

Personal Challenges

- ☐ Stress / anxiety
- ☐ Financial issues
- ☐ Family concerns
- ☐ Adjustment issues
- ☒ Other: NIL

4. Action Taken / Suggestions (Tick ✓)

Academic Support

- ☒ Academic improvement plan suggested
- ☐ Remedial classes recommended
- ☒ Peer learning suggested

Advanced Learners

- ☐ Encouraged for competitive exams
- ☒ Suggested advanced reading/resources

Skill Development

- ☐ Advised to attend seminars
- ☐ Workshops recommended
- ☒ Skill development programs suggested

Personal Guidance

- ☒ Personal counselling provided
- ☐ Confidential discussion held

5. Student Response

- ☒ Positive and motivated
- ☐ Needs monitoring
- ☐ Facing continued difficulties
- ☒ Requested further guidance

Remarks:

Student is bright, however careless. She will do better with continued guidance & support.

6. Follow-Up

Follow-up Required: ☒ Yes ☐ No

Next Meeting Date (if required): 14 November 2024

Mentor Signature: Medha

● Mentor-Mentee session Card for student Shiva Atwal

INDIVIDUAL STUDENT MENTORING CARD
Academic Year: 2024-25

1. Student Profile

Field	Details
Student Name	Komal Bhadwaj
Class	B. Sc. IIIrd
Roll No.	24043513 (22 Phy 04)
Department	Physics
Contact No.	6230388137
Mentor Name	Dr. Preeti Bala

2. Mentoring Session Record

Session No.: ☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5
 Date: 13 Nov. 2024

3. Issues Discussed (Tick ✓)

Academic Performance

☒ Internal assessment performance discussed
☒ Improvement strategies suggested
☐ Difficulty in specific subjects
☐ Need for extra academic support

Attendance / Regularity

☒ Regular attendance
☐ Irregular attendance
☐ Reason for absence discussed

Study Skills

- ☒ Time management guidance
- ☒ Study techniques discussed
- ☒ Exam preparation strategies

Career Guidance

- ☒ Higher education options discussed
- ☐ Competitive exam preparation advised
- ☐ Career counselling provided

Personal Challenges

- ☐ Stress / anxiety
- ☐ Financial issues
- ☐ Family concerns
- ☐ Adjustment issues

☒ Other: — nil —

4. Action Taken / Suggestions (Tick ✓)

Academic Support

- ☒ Academic improvement plan suggested
- ☐ Remedial classes recommended
- ☐ Peer learning suggested

Advanced Learners

- ☐ Encouraged for competitive exams
- ☒ Suggested advanced reading/resources

Skill Development

- ☐ Advised to attend seminars
- ☐ Workshops recommended
- ☒ Skill development programs suggested

Personal Guidance

- ☒ Personal counselling provided
- ☒ Confidential discussion held

5. Student Response

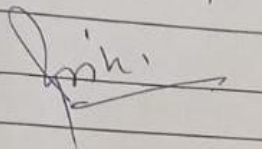
- ☒ Positive and motivated
- ☐ Needs monitoring
- ☐ Facing continued difficulties
- ☐ Requested further guidance

Remarks: _____
_____ Academic improvement plan suggested. _____

6. Follow-Up

Follow-up Required: ☒ Yes ☐ No

Next Meeting Date (if required): _____ 8/05/2025 _____

Mentor Signature: _____  _____

- Mentor-Mentee session Card for student Komal Dhadwal